## The 3 formulas for Speed, Time \& Distance:



Solving for Speed


Solving for Time

Distance $=$ Speed $\times$ Time

Solving for Distance

Remember them from this triangle:


## Speed

Find the average speed of the car:

Distance: 80 miles
Time: 3 hours


## Speed

Find the average speed of the airplane:

Distance: 2,000 miles
Time: 3.5 hours


## Velocity

Velocity is the same as speed, but remember you have to have direction!
$V=d / t$

## Velocity

- Calculate the velocity of a mountain climber if that climber is moving northeast at a pace of 1.6 km in 1.4 hours?



## Combining Velocities

When you combine two velocities that are the same direction you ADD to get the resultant velocity.

## Combining Velocity

If a train is going 20 mph east and a passenger is going 2 mph east (the same direction). What is the passengers resultant velocity?


## Combining Velocities

When you combine two velocities that are the opposite direction you SUBTRACT to get the resultant velocity.

## Combining Velocity

If a train is going 20 mph east and a passenger is going 2 mph west (the opposite direction). What is the passengers resultant velocity?


## Average Acceleration



## Average Acceleration

A roller coaster car rapidly picks up speed as it rolls down a slope. As it starts down the slope, its speed is $4 \mathrm{~m} / \mathrm{s}$. But 3 seconds later, at the bottom of the slope, its speed is $22 \mathrm{~m} / \mathrm{s}$. What is its average acceleration?


